



LATVIJAS
PARENTERĀLĀS,
ENTERĀLĀS
BAROŠANAS UN
METABOLISMA
ASOCIĀCIJA

The 12th Baltic course in clinical nutrition organised by Latvian Society of Parenteral, Enteral Nutrition and Metabolism (LaSPEN) in collaboration with Baltic Club of Clinical nutrition (BCCN)

Riga, Latvia, 24-26 October 2019

Riga Stradiņš University Campus at Riga East University Hospital
“Gaīlezers”, Hipokrata Street 2, Riga, Latvia

Thursday, the 24th of October

18:00-21:00 Meeting of Baltic Club of Clinical Nutrition (by invitation only)

Friday, the 25th of October

08:15-09:00 Registration

I session

Moderators: Prof. Laila Meijsa, Dr. Ilze Jagmane

09:00-09:05	Opening of the 12th Baltic course in clinical nutrition	Dr. Georgijs Moisejevs, Latvia
09:05-09:20	History of the Baltic Club of Clinical Nutrition	Dr. Gintautas Kekštas, Lithuania
09:20-09:45	Significance of malnutrition in surgery	Dr. Diāna Fridrihsone, Latvia
09:45-10:10	Tips on a nutritional assessment of surgical patient	Maarja Lember, Estonia
10:10-10:35	Glycemic control in surgical patients receiving clinical nutrition	Prof. Ilze Konrāde, Latvia
10:35-10:50	Discussion and questions	

10:50-11:10 Coffee brake

II session

Moderators: Dr. Kinga Szczepanek, Dr. Georgijs Moisejevs

11:10-11:35	Nutritional recommendations for surgical patients	Inga Širina, Latvia
11:35-11:50	Clinical nutrition in cardiothoracic surgery	Prof. Laila Meijsa, Latvia
11:50-12:15	Clinical nutrition in patients undergoing bariatric surgery	Dr. Kinga Szczepanek, Poland
12:15-12:40	Protein targets in surgical patients and	Dr. Ilze Jagmane, Latvia

	evidence behind
12:40-12:55	Discussion and questions

12:55-13:40 Lunch

III session

Moderators: Dr. Gintautas Kekštas, Dr. Ilze Jagmane

13:40-14:05	Implementation of ERAS protocol in colorectal surgery	Dr. Kinga Szczepanek, Poland
14:05-14:30	Clinical nutrition in acute pancreatitis	Dr. Gintautas Kekštas, Lithuania
14:30-14:55	Clinical nutrition in trauma patients	Dr. Aleksandra Šilova, Estonia
14:55-15:20	Clinical nutrition in surgical oncology	Dr. Ivans Jelovskis, Latvia
15:20-15:35	Discussion and questions	

15:35-15:55 Coffee brake

IV session (parallel session for physicians and nutritionists)

Moderators: Dr. Ingrida Lisauskiene, Dr. Georgijs Moisejevs

15:55-16:20	Clinical nutrition in solid organ transplantation	Dr. Ingrida Lisauskiene, Lithuania
16:20-16:45	Role of supplemental parenteral nutrition in surgery	Dr. Inese Fišere, Latvia
16:55-17:20	Role of immunonutrition in perioperative period	Dr. Georgijs Moisejevs, Latvia
17:20-17:35	Discussion and questions	

V session (parallel session for nurses in Russian)

Moderators: Dr. Jurijs Avdjukevičs, Inese Budzila

15:55-16:35	Nursing aspects of patients on home parenteral nutrition	Anne Orasmäe-Tšižik, Estonia
16:35-17:15	Nursing aspects of patients on home enteral nutrition	Sofija Tomase, Latvia
17:15-17:35	Discussion and questions	

19:00-23:00 Conference dinner

Saturday, the 26th of October



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LLL course - Nutritional Support in the Perioperative Period

Moderators: Dr. Ilze Jagmane, Dr. Georgijs Moisejevs

10:00-10:30	Metabolic responses to surgical stress	Dr. Ilze Jagmane, Latvia
10:30-11:00	Managing surgical stress: Principles of enhanced recovery and effect on outcome	Dr. Ingrida Lissauskiene, Lithuania
11:00-11:30	Nutritional therapy in the perioperative period	Dr. Georgijs Moisejevs, Latvia
11:30-12:00	Making the gut work	Dr. Diāna Fridrihsone, Latvia
12:00-12:30 Coffee brake		
12:30-13:00	Clinical cases	Dr. Georgijs Moisejevs, Latvia
13:00-13:30	Exam	Dr. Georgijs Moisejevs, Latvia Dr. Ingrida Lissauskiene, Lithuania
13:30-14:00	Award of Certificates	Dr. Ilze Jagmane, Latvia Dr. Diāna Fridrihsone, Latvia
14:00-14:15	Closing Remarks	Dr. Georgijs Moisejevs, Latvia Dr. Gintautas Kekštas, Lithuania