



# EDUCATION CENTER

EDUCATIONAL MEETING

## „BAXTER NUTRITION ACADEMY”



26.09.2024



10:00 - 16:15

### LOCATION:

**Original Sokos Hotel Viru**



4 Viru Square

EE 10111 Tallinn

CONFERENCE ROOM „Andante”

Website address <http://www.sokshotels.fi>

### SPEAKERS:

- Prof. Stanisław Kłęk,
- Prof. Tomasz Czarnik,
- MD Hanna-Liis Lepp,
- MD Aleksandra Šilova.





### AGENDA 26.09.2024

10:00 - 10:05	Welcome	MD Hanna-Liis Lepp
10:05 - 10:55	Impact of malnutrition on surgical patients, including surgical oncology and trauma - latest evidence and recommendations  Nutrition care targets: how to achieve them with oral and enteral nutrition in elective and trauma surgery  Guidelines and evidence for perioperative nutrition care in complicated enteral management (managing high GRV, minimising EN interruptions, 24-hour feed, returning aspirates).	Prof. Stanisław Kłęk
10:55 - 11:05	Q&A Stretching	
11:05 - 11:55	Critical care nutrition - crucial aspects in 2024  Latest evidence - fundamental clinical trials  The role of supplemental parenteral nutrition in trauma/surgical patient in intensive care.  Optimal dosing of protein in critically ill lean and fat patients - how to set, achieve and measure targets?	Prof.Tomasz Czarnik
11:55 - 12:05	Q&A Stretching	
12:05 - 12:30	<b>Coffee break</b>	
12:30 - 13:15	Metabolic response to critical illness and surgery and how to manage this in practice in surgery and trauma: ERAS and prehabilitation - from theory through practice	MD Aleksandra Šilova
13:15 - 14:00	Personalizing nutrition care plan in surgery and trauma: when and how to screen, assess and start, when to stop and when to call the Nutrition Care Specialists	MD Hanna-Liis Lepp
14:00 - 14:40	<b>Lunch break</b>	
14:40 - 15:10	Nutrition care and surgical management of a severely obese complicated trauma patient- a practical case discussion	MD Hanna-Liis Lepp
15:10 - 15:30	EstSPEN nutrition care trajectory: practical tool to help ensure optimal nutrition care for elective orthopedic and trauma patients (ENUCA, oral diet, monitoring charts)	MD Hanna-Liis Lepp
15:30 - 15:50	Case study	MD Hanna-Liis Lepp
15:50 - 16:10	Discussion	All participants
16:10 - 16:15	Closure and diplomas – MD Hanna-Liis Lepp	

